

Food List

Saturday, February 01, 2014 2:48 PM

Breakfast

- Granola cereal (15 cups/4 boxes)
 - Perfect with dried berries and powdered milk
- Instant oatmeal (15)
 - Didn't eat any of this
- Dried berries (3-4 cups)
- Powdered milk

Snacks/Lunch

Perishable

- Cheese (2 blocks)
 - Ate 1 block only
- Butter
 - Great in mashed potatoes & on tortillas. Stayed solid, cool the whole trip.
- Dry sausage (2)
 - Ate 1 only
- Baby carrots (1 bag)
 - Great! Still good on day 10.
- Sugar snap peas (1 bag)
 - Great! Lasted a while.
- Smoked salmon (1-2 pkgs)
 - Too much. Shared with the group on night 4.
- Pre-cooked bacon (1 pkg)
 - Great! Definitely do again.

Non-perishable

- Peanut butter (1 jar)
 - Great. Ate it on tortillas.
- Beef jerky (1 pkg)
 - Great. Ate all of it.
- Tortillas (1 pkg)
 - Good, but too much with other bars, snacks. My fresh foods were not easily accessible, so I didn't eat them as much as bars.
- Crackers (Wheat Thins box)
 - Okay. Ate all of it.
- Deluxe salted mixed nuts (1 can)
 - Great. Ate all of it.
- GORP (1 bag)
 - Great. Ate all of it.
- Clif Bars (15+)
 - Great. Loved all the Clif products and ate about one full package (Clif, Mojo, Protein, Bloks, Snickers) per day.
- Clif Mojo Bars (15+)
- Clif Protein Bars (15+)
- Clif Bloks (15+)
- Snickers Bars (4)
- Chocolate bars (6)

- Ate 2, gave 1 to Amy.
- ☑ Sea salt
 - Only used once on mashed potatoes.

Drinks

- ☑ Coffee (Starbucks Vias)
 - Great!
- ☑ Hot chocolate
 - Only had twice since it was warm and I already had plenty of calories.
- ☑ Crystal Light
 - Great! Made water much easier to drink. Super easy to pack.

Dinner

- ☑ Backpacker's Pantry Dinners
 - Good.
- ☑ Backpacker's Pantry Side Dishes
 - Only had mashed potatoes. Great with butter, sea salt, and bacon.
- ☑ Backpacker's Pantry Desserts
 - Didn't have any.